

MEDICAL CLEARANCE TO COMPETE

This form is designed to determine after the initial assessment if an injured competitor is fit to resume competition. It is to be completed by **only by a registered medical practitioner**. The Clerk of the Course will continue to hold the competition licence if competitor is unfit to resume competition otherwise licence will be returned upon presentation of this signed form which needs to be forwarded immediately to MotorSport New Zealand

1. Details of Injured Person	2. Details of Practitioner
Date:	Name:
Name of competitor:	MCNZ Number:
Licence No:	Job title: <i>ie: sport medicine specialist, orthopedic specialist</i>
Address:	Examination location: <i>ie: address of hospital, private practice</i>
3. Non Accident Stand Down	
<p>This form is designed to determine after the initial assessment if an injured competitor is fit to resume competition. If the competitor has been stood down for a reason other than an injury accident the competitor should contact the MSNZ office directly for advice on what is required for a medical clearance to compete.</p>	
4. Note to Practitioner	
<p>Dear Practitioner</p> <ul style="list-style-type: none"> The motor sport competitor listed above has been stood down from further motor sport competition as the result of a competition accident The competitor should have a copy of the initial examination form (<i>On site medical assessment form</i>) which describes the circumstances of the accident and injuries sustained so please take note of the details listed on it You are requested to examine the competitor and arrange appropriate radiological and/ or other investigations or specialist assessments as required to determine whether these injuries have been resolved and to determine the competitor's fitness to return to competition 	
5. Prior to Assessment	
<p>Before examining the competitor, please read the notes below –</p> <ol style="list-style-type: none"> This form can ONLY be completed by a registered medical practitioner If the motor sport event medical officer is a registered medical practitioner then that medical officer may complete the required examination and sign this form The competitor must have their copy of the 'On site medical assessment' form which identifies the initial injury / injuries as well as this blank form with them at the time of examination The examining practitioner must fully examine the competitor, complete and sign this form The level of medical fitness required for motor sport is <i>at least</i> equivalent to the NZTA requirements for class 2 and above licenses All costs involved in this examination are at the competitor's expense 	

6. Examination Guidelines for Practitioner to Consider

The competitor should be considered fit to compete under the following circumstances:

1. Head injury

- Minor without LOC – after a 3 hour stand down and after medical assessment
- Minor with LOC - after 24 hours and after medical assessment

For the following, the competitor must pass a full neurological assessment and occupational therapy driving assessment

- Moderate head injury (GCS 9-12)
- Major Head injury (GCS <9, fracture of skull, intracerebral hemorrhage, dural tear, or greater than 24 hours post trauma amnesia)

2. Neck & Back injury

- on exclusion of major trauma (medical assessment +/- radiology) *and*
- once competitor has regained function in spine sufficient for competitive driving.

3. Chest and Abdominal injury

- on exclusion of major trauma (medical assessment +/- radiology) and
- once competitor has regained function sufficient for competitive driving

4. Limb injury

- on exclusion of major trauma (medical assessment +/- radiology) and
- once competitor has regained sufficient function for competition car control

5. Eye injury

- once vision has returned to better than 6/9 (with correction) in the affected eye
- with field of view over 140d and normal stereoscopic vision.

6. Other injury as appropriate

7. Diagram of Injuries

If injuries still exist, use the diagram to show full extent of ongoing injuries using codes in box below:

A	Abrasion	H	Haemorrhage
B	Burns	I	IV site
C	Contusion	L	Laceration
D	Dislocation	P	Pain
F	Fracture	S	Swelling



